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# Recent Advances in Clinical Child and Adolescent Psychology and Psychotherapy

Guest Editor:

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Deadline for manuscript submissions: closed (5 February 2023)

## Message from the Guest Editor

Dear Colleagues,

According to recent data, the majority of mental disorders have their onset in childhood and adolescence, which underlines the need for effective prevention and intervention approaches for this vulnerable age group. Knowledge on risk and protective factors of child and adolescent mental health and on developmental trajectories is needed in order to best tailor prevention and intervention efforts. Additionally, intervention research itself is proceeding aiming for further insights into the question what works for whom.

This special issue is dedicated to recent advances in clinical child and adolescent psychology and psychotherapy, both concerning basic research and intervention research. The special issue aims to cover a broad range of age groups, mental disorders, methods and approaches, including but not limited to the following areas: epidemiology and developmental trajectories of child and adolescent mental health, ecological momentary assessment approaches, new conceptual models. psychological and pharmacological treatment, prevention, patient and public involvement, digital interventions and emental health

**Special**sue



mdpi.com/si/110030





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### Message from the Editor-in-Chief

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