



children



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Associations between Physical Activity and Fitness, Body Composition and Cognitive Skills during Growth and Maturation

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Message from the Guest Editors

This Special Issue is open to any subject area in the complex interaction of different health parameters during growth and maturation. The potential topics listed suggest just a few of the many possibilities.

Potential topics included, but are not limited to:

- Associations of physical activity and fitness with health parameters during growth and maturation;
- Associations of physical activity and fitness with cognitive abilities during growth and maturation;
- Associations of parental education and socio-economic status with health parameters during growth and maturation;
- Importance of parental education in the development of physical fitness and cognitive abilities during growth and maturation;
- Importance of physical activity and fitness in psychological well-being during growth and maturation;
- Importance of physical activity and fitness in motor skill development during growth and maturation.



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Special Issue