







an Open Access Journal by MDPI

Current Issues and Future Perspectives in Youth Sports

Guest Editors:

Dr. Irene Faber

- 1. Sports Science Institute, Carl von Ossietzky University Oldenburg, Ammerländer Heerstraße 114-118, Oldenburg, Germany
- 2. Research Departement Human Movement and Education, Windesheim University of Applied Sciences, Campus 2, Zwolle, The Netherlands

Prof. Dr. Nicolette Schippervan Veldhoven

- 1. Faculty of Electrical Engineering, Mathematics and Computer Science/Faculty of Behavioural, Management and Social Sciences, University of Twente, 7522 NB Enschede, The Netherlands
- 2. Research Departement Human Movement and Education, Windesheim University of Applied Sciences, 8017 CA Zwolle, The Netherlands

Message from the Guest Editors

Dear Colleagues,

Youth sport has great potential to bring positive outcomes for children and adolescents regarding physical and mental wellbeing and social development. Being active in sport from a young age supports the development of an active lifestyle, preserving these positive effects in the long term. Moreover, it may build the foundation for participating in elite sports. However, there are a lot of challenges within youth sport to ensure a positive and safe sport climate that supports children's development and keep youngsters involved. This Special Issue focuses on current issues in youth sport and identifies future perspectives to create better youth sport experiences.

Deadline for manuscript submissions:

closed (30 March 2023)



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