



children



an Open Access Journal by MDPI

The Influence of Exercise on Body Mass Index in Children of Different Ages

Guest Editor:

Dr. Jovan Gardasevic
Faculty for Sport and Physical
Education, University of
Montenegro, 81400 Niksić,
Montenegro

Deadline for manuscript
submissions:
closed (20 February 2024)

Message from the Guest Editor

Dear Colleagues,

Body Mass Index (BMI) is a good measure of the nutritional status of children of different ages. In recent decades, BMI values have been increasing in children of all ages around the world. A large number of studies show that children with high BMI values generally have the same values as adults; this can pose a great health risk, as high BMI values are the cause of various diseases. It is known that exercise and training can lead to a reduction in BMI values; therefore, it is very important to conduct studies in this direction. We invite researchers to submit all papers related to this topic for consideration in this Special Issue.



mdpi.com/si/156334

Special Issue



children



an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul R. Carney

Departments of Child Health and Neurology, University of Missouri, 400 Keene Street, Columbia, MO 65211, USA

Message from the Editor-in-Chief

You are invited to contribute a research article or comprehensive review for consideration and publication in *Children* (ISSN 2227-9067). *Children* is an open access journal—research articles, reviews, and other content are published online immediately after acceptance. The scientific community and the general public have unlimited free access to the content as soon as it is published. The journal focuses on sharing clinical, epidemiological, and translational science relevant to children's health. We would be pleased to welcome you as one of our authors.

Author Benefits

Open Access: free for readers, with [article processing charges \(APC\)](#) paid by authors or their institutions.

High Visibility: indexed within [Scopus](#), [SCIE \(Web of Science\)](#), [PubMed](#), [PMC](#), [Embase](#), and [other databases](#).

Journal Rank: JCR - Q2 (Pediatrics) / CiteScore - Q2 (Pediatrics, Perinatology and Child Health)

Contact Us

Children Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/children
children@mdpi.com