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Developing Physical Literacy in Children

Guest Editor:

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Message from the Guest Editor

Dear Colleagues,

Physical literacy is increasing in popularity in both policy and practice in the fields of sport, health, education, and recreation in several countries around the globe. Whilst physical literacy is a concept applicable throughout life, significant attention has been given to providing the foundations for a full, physically active, and flourishing life.

This Special Issue will focus on how physical literacy can be developed in children and youth sharing leading research and practice from across the world and from a range of contexts. Early positive physical activity experiences have the potential to support the development of physical literacy. Sharing examples of and guidance on how to nurture physical literacy in children and youth from a range of sectors is much needed within the field. Providing physical-literacy-informed physical activity experiences in children and youth can instill a lifetime love of physical activity. We invite contributions from research and practice to share expertise in how physical literacy can be developed within the populations of children and youth.



