

Special Issue

Empowering Cancer Survivors: A Comprehensive Approach to Supportive Care Through Pharmacological and Non- Pharmacological Approaches Including Exercise, Physical Activity and Nutrition

Message from the Guest Editor

Many survivors continue to face challenges from treatment-related side effects, which can significantly hinder daily functioning and overall health. Addressing these challenges through supportive care strategies. We recognize the importance of pharmacological and non-pharmacological approaches, including physical activity and nutrition, as fundamental components of supportive care; however, there are currently no gold-standard strategies that effectively integrate many of these elements into comprehensive care. This Special Issue of *Cancers* seeks to explore innovative research, insightful reviews, and practical strategies focused on optimising nutrition, physical activity, and other pharmacological or non-pharmacological approaches to fill these gaps as essential components of supportive care for people diagnosed with cancer. By sharing knowledge and best practices in these areas, we aim to strengthen the evidence base for holistic cancer care that prioritises survivor empowerment, enhances quality of life, and supports recovery.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Cancers is an international online journal addressing both clinical and basic science issues related to cancer research. The journal is publishing in Open Access format, which will certainly evolve to ensure that the journal takes full advantage of the rapidly changing world of information and knowledge dissemination. It publishes high-quality clinical, translational, and basic science research on cancer prevention, initiation, progression, and treatment, as well as other related topics, particularly to capture the most seminal studies in the rapidly growing area of immunology, immunotherapy, and tumor microenvironment.

Editor-in-Chief

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