

Special Issue

Personalizing Head and Neck Cancer Care

Message from the Guest Editors

An important development in head and neck cancer research lies in personalizing cancer care. Patients with head and neck cancer are at high risk of physical, functional, psychosocial deterioration and malnutrition. They are often sarcopenic, and are generally frailer than patients with other solid malignancies. Identifying frail patients suitable for complex treatments or requiring treatment adaptation is paramount. Prediction models and intervention trials aid us in shared decision-making and individualizing treatment. Shared decision-making models are rising in prominence and enable patients to play an active role in shaping their treatment plans. Advances in personalized treatment strategies include targeted therapies, immunotherapy, and adaptive radiation techniques, as well as prehabilitation programs addressing nutrition, physical exercise, and psychosocial interventions. Lastly, innovations in monitoring head and neck cancer help to personalize follow-up. Developments include tumor mutational burden and circulating tumor DNA, as well as the use of telecommunication and telemedicine.

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Deadline for manuscript submissions

17 July 2026



Cancers

an Open Access Journal
by MDPI

Impact Factor 4.4
CiteScore 8.8
Indexed in PubMed



mdpi.com/si/252657

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About the Journal

Message from the Editor-in-Chief

Cancers (ISSN 2072-6694) is an international, online journal addressing both clinical and basic science issues related to cancer research. The journal will continue its open access format, which will certainly evolve to ensure that the journal takes full advantage of the rapidly changing world of information and knowledge dissemination. It publishes high-quality clinical, translational, and basic science research on cancer prevention, initiation, progression, and treatment, as well as other related topics, particularly to capture the most seminal studies in the rapidly growing area of immunology, immunotherapy, and tumor microenvironment.

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