



## Exercise Interventions for People Living with Cancer: Advances in Knowledge and Implementation

Guest Editors:

### Dr. Lara Edbrooke

1. Physiotherapy Department,  
The University of Melbourne,  
Parkville, VIC 3010, Australia  
2. Department of Health Services  
Research, Peter MacCallum  
Cancer Centre, Melbourne, VIC  
3000, Australia

### Dr. Chris Swain

1. Department of Physiotherapy,  
Faculty of Medicine, Dentistry  
and Health Sciences, Melbourne  
School of Health Sciences,  
University of Melbourne,  
Melbourne, VIC 3010, Australia  
2. Cancer Epidemiology Division,  
Cancer Council Victoria,  
Melbourne, Australia

Deadline for manuscript  
submissions:

**30 September 2026**

### Message from the Guest Editors

Dear Colleagues,

It is estimated that over 53 million people are living with cancer globally. This number will continue to rise with the ageing population, though there have been improvements in survival through earlier detection and breakthroughs in medical treatments. High-level evidence supports the effectiveness of physical activity, including exercise for improving a range of patient-reported and objectively measured outcomes across a range of cancers. However, access to these programs remains limited.

This Special Issue aims to highlight the impact of physical activity or exercise interventions for cancer survivors from diagnosis onwards. We welcome original research or review articles, including those seeking to understand the effects of newer treatment types, the most effective types of exercise, and models of care to improve access and program sustainability. We also welcome critiques and well-conducted studies with null findings.

We look forward to receiving your contributions.





an Open Access Journal by MDPI

## Editor-in-Chief

### Prof. Dr. Samuel C. Mok

Department of Gynecologic  
Oncology and Reproductive  
Medicine, The University of Texas  
MD Anderson Cancer Center,  
Houston, TX 77030, USA

## Message from the Editor-in-Chief

*Cancers* (ISSN 2072-6694) is an international, online journal addressing both clinical and basic science issues related to cancer research. The journal will continue its open access format, which will certainly evolve to ensure that the journal takes full advantage of the rapidly changing world of information and knowledge dissemination. It publishes high-quality clinical, translational, and basic science research on cancer prevention, initiation, progression, and treatment, as well as other related topics, particularly to capture the most seminal studies in the rapidly growing area of immunology, immunotherapy, and tumor microenvironment.

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

**Journal Rank:** JCR - Q2 (Oncology) / CiteScore - Q1 (Oncology)

## Contact Us

---

*Cancers* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/cancers](http://mdpi.com/journal/cancers)  
[cancers@mdpi.com](mailto:cancers@mdpi.com)  
[X@Cancers\\_MDPI](https://twitter.com/Cancers_MDPI)