



Exercise Interventions for People Living with Cancer: Advances in Knowledge and Implementation

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Deadline for manuscript
submissions:

30 June 2025

Message from the Guest Editors

Dear Colleagues,

It is estimated that over 53 million people are living with cancer globally. This number will continue to rise with the ageing population, though there have been improvements in survival through earlier detection and breakthroughs in medical treatments. High-level evidence supports the effectiveness of physical activity, including exercise for improving a range of patient-reported and objectively measured outcomes across a range of cancers. However, access to these programs remains limited.

This Special Issue aims to highlight the impact of physical activity or exercise interventions for cancer survivors from diagnosis onwards. We welcome original research or review articles, including those seeking to understand the effects of newer treatment types, the most effective types of exercise, and models of care to improve access and program sustainability. We also welcome critiques and well-conducted studies with null findings.

We look forward to receiving your contributions.





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Message from the Editor-in-Chief

Cancers is an international online journal addressing both clinical and basic science issues related to cancer research. The journal is publishing in Open Access format, which will certainly evolve to ensure that the journal takes full advantage of the rapidly changing world of information and knowledge dissemination. It publishes high-quality clinical, translational, and basic science research on cancer prevention, initiation, progression, and treatment, as well as other related topics, particularly to capture the most seminal studies in the rapidly growing area of immunology, immunotherapy, and tumor microenvironment.

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Journal Rank: JCR - Q1 (Oncology) / CiteScore - Q1 (Oncology)

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