

Special Issue

Art and Design for Healing and Wellness in the Built Environment

Message from the Guest Editors

A smart city, from the perspective of the United Nations Sustainable Development Goals (SDGs), emphasizes the importance of providing citizens with promising health and well-being. However, with the continuous impact of long COVID disease and the increase in city population, the health of citizens is facing new challenges. Among the various treatments promoting human health, therapy-enhanced art, i.e., art therapy (AT), has been used for decades. AT is a form of expressive therapy that employs creative art processes to enhance people's health, well-being, and quality of life. In addition, art, design, and the environment positively impact mental health, for which the impact of architectural and building design on health, particularly mental health, is very important. By viewing the relationship between art and design, measures to promote health can be summarized as therapeutic and healing design from the design perspective, which is to reduce stress and promote healing through aesthetic enhancement. However, studies are lacking to support the mutual promotion of Art and Design for Healing and Wellness in the Built Environment, hence the creation of this Special Issue.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

Current urban environments are home to multi-modal transit systems, extensive energy grids, a building stock, and integrated services. Sprawling neighborhoods are composed of buildings that accommodate living and working quarters. However, it is expected that the cities and communities of the future will face complex and enormous challenges, including maintenance, interconnectivity, resilience, energy efficiency, and sustainability issues, to name but a few. A smart city uses advanced technologies and a digital infrastructure to improve the outcomes in every aspect of a city's operations. A smart building optimizes the experience of occupants, staff, and management by using a modern and connected environment. Innovations in technology that can bring dramatic improvements to design, planning, and policy are critical in developing the cities and buildings of the future.

Editor-in-Chief

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