

Special Issue

Risk and Protective Factors for Neurocognitive Aging

Message from the Guest Editor

With the global demographic shift towards an older population, there is a pressing need to understand how we can maintain wellbeing, as well as work and live independently, in old age. There are many influences on successful ageing, which can be cultural, social, genetic, health and our own lifestyle decisions. These have an effect on our brain, and how well our brain works for what we call cognitive health—good memory, perception, language, judgment, and so on. This Special Issue will present and discuss various demographic, health and lifestyle factors that have impact on the fundamental processes of neural and cognitive ageing. Contributions are encouraged that provide a bridge between modifiable risk and protective factors, brain function and cognitive ability across the healthy lifespan.

Guest Editor

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Deadline for manuscript submissions

closed (30 November 2016)



Brain Sciences

an Open Access Journal
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Impact Factor 2.8
CiteScore 5.6
Indexed in PubMed



mdpi.com/si/6768

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You are invited to contribute a research article or a comprehensive review for consideration and publication in *Brain Sciences* (ISSN 2076-3425). *Brain Sciences* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on neuroscience. The scientific community and the general public can access the content free of charge as soon as it is published.

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