Special Issue

Nanomedicine in Neurological Disorders

Message from the Guest Editors

The blood-brain barrier is an important biological barrier that limits the delivery of bioactive compounds to the brain due to restrictive permeability and active efflux of therapeutic agents. Therefore, problems in the treatment of neurological disorders can be due to an insufficient concentration of the drugs in the central nervous system. The role of nanotechnology as a valuable strategy to effectively deliver selective drugs has been highlighted in the treatment of neurological disorders. They provide an increased drug biodistribution to the brain, thus reducing the peripheral drug-associated toxicity and augmenting the drug's effectiveness. In addition, nanoparticles can also solve solubility and bioavailability issues associated with therapeutic agents.

This Special Issue invite the researchers to submit their work on the strategies to boost and improve the treatment of neurological disorders, making use of emerging nanotechnological approaches. Topics include, but are not limited to, new incorporated/encapsulated synthetic molecules, naturally derived compounds, biological therapy, new delivery approaches, lipids, polymeric and metallic nanoparticles, etc.

Guest Editors

Dr. Mariana Matias

RISE-Health, Department of Medical Sciences, Faculty of Health Sciences, University of Beira Interior, Av. Infante D. Henrique, 6200-506 Covilhã, Portugal

Prof. Dr. Márcio Rodrigues

 BRIDGES-Biotechnology Research, Innovation and Design for Health Products, Polytechnic University of Guarda, 6300-559 Guarda, Portugal 2. RISE-Health, Department of Medical Sciences, Faculty of Health Sciences, University of Beira Interior, 6200-506 Covilhã, Portugal

Deadline for manuscript submissions

30 September 2025



Brain Sciences

an Open Access Journal by MDPI

Impact Factor 2.8
CiteScore 5.6
Indexed in PubMed



mdpi.com/si/230404

Brain Sciences
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
brainsci@mdpi.com

mdpi.com/journal/ brainsci





Brain Sciences

an Open Access Journal by MDPI

Impact Factor 2.8 CiteScore 5.6 Indexed in PubMed



About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Brain Sciences* (ISSN 2076-3425). *Brain Sciences* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on neuroscience. The scientific community and the general public can access the content free of charge as soon as it is published.

Editor-in-Chief

Prof. Dr. Stephen D. Meriney

Department of Neuroscience, University of Pittsburgh, Pittsburgh, PA 15260. USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, PSYNDEX, PsycInfo, CAPlus / SciFinder, and other databases.

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 16.2 days after submission; acceptance to publication is undertaken in 1.9 days (median values for papers published in this journal in the first half of 2025).

Recognition of Reviewers:

reviewers who provide timely, thorough peer-review reports receive vouchers entitling them to a discount on the APC of their next publication in any MDPI journal, in appreciation of the work done.

