## **Special Issue**

# Future Challenges for the Diagnosis and Management of Affective Disorders: From Preclinical Evidence to Clinical Trials

## Message from the Guest Editors

The diagnosis and management of affective disorders have been influenced by new clinical and research evidence in recent decades, including the role of glutamate, neuro-inflammation, genetic findings, etc. These biological achievements have led to new treatments based on physical therapies (e.g., magnetic stimulation) or pharmacological trials (e.g., esketmine). These new trends and paradigms led to a broader clinical characterization of affective disorders including different factors related to patients, or to the therapeutic encounter and relationship. Additionally, new biomarkers and biological tools, alongside the psychopathological rating scales, have been proposed for the diagnosis or phenotyping of affective disorders. Particular attention has been paid to depression in special populations, such as the elderly or perinatal depression, and the impact of illness on mothers' health and newborn development. Not least, psychosocial interventions specifically conceived for mood disorders have been introduced alongside psychopharmacotherapies. All these themes will be addressed in this Special Issue.

### **Guest Editors**

Dr. Antonio Ventriglio

Dr. Mario Luciano

Prof. Dr. Andrea Fiorillo

### Deadline for manuscript submissions

closed (30 August 2024)



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## mdpi.com/si/172784

Brain Sciences
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
brainsci@mdpi.com

mdpi.com/journal/ brainsci





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You are invited to contribute a research article or a comprehensive review for consideration and publication in *Brain Sciences* (ISSN 2076-3425). *Brain Sciences* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on neuroscience. The scientific community and the general public can access the content free of charge as soon as it is published.

## Editor-in-Chief

Prof. Dr. Stephen D. Meriney

Department of Neuroscience, University of Pittsburgh, Pittsburgh, PA 15260. USA

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