

Special Issue

Combining Psychotherapy and Brain Stimulation: A Collaborative Approach

Message from the Guest Editor

Combining psychotherapy with noninvasive brain stimulation (NIBS) offers a promising and relatively unexplored approach to enhancing psychological health and well-being. Both therapies seem to promote neural plasticity: psychotherapy through new experiences and skills and NIBS via biochemical and neural changes that persist beyond the stimulation session. Together, these interventions could synergize to yield more robust and sustained therapeutic changes.

This Special Issue explores the potential of integrating NIBS and psychotherapy as a collaborative approach by covering fundamental research, theoretical frameworks, clinical trials, and practical applications. We invite papers that explore cutting-edge research on the mechanisms driving the possible synergy between NIBS and psychotherapy, the role of neuroplasticity in mediating treatment effects, the impact of NIBS on cognitive and transdiagnostic processes involved in psychotherapy, and the potential for personalized medicine.

Guest Editor

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Deadline for manuscript submissions

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