

Special Issue

The Impact of Social Media on Human Behavior and Mental Health

Message from the Guest Editors

The aim of this Special Issue is to comprehensively explore how social media influences human behavior and mental health, examining both its beneficial and detrimental impacts. Cutting-edge research focusing on but not limited to digital addiction, cognitive impairment linked to excessive social media use, psychological disorders associated with online interactions, and public health implications of digital behaviors are particularly encouraged. We invite empirical studies, systematic reviews, theoretical papers, and interdisciplinary research employing qualitative, quantitative, and mixed-methods approaches. Papers addressing positive outcomes, interventions, algorithmic impacts, online community dynamics, mental health disparities, and the role of social media in health behavior change are welcome. Contributions should advance our understanding and offer actionable insights to promote mental well-being in digital environments.

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