# **Special Issue**

# Psychological Approaches to the Understanding and Treatment of Psychological Difficulties in Individuals with Neurodegenerative Diseases

## Message from the Guest Editor

Neurodegenerative diseases (NDDs) are life-limiting and often incurable conditions characterised by progressive neuronal death. They represent one of the greatest global health challenges of our time. Historically, our understanding of psychological difficulties in NDDs has been dominated by neurobiological conceptualisations, which assume that psychological difficulties occur as a result of pathophysiological processes such as structural changes in the brain. More recently, however, it has been recognised that the psychological issues in NDDs are likely caused by a combination of both neurobiological and psychological factors. Thus, this Special Issue aims to provide a dedicated platform for researchers worldwide to publish new evidence on psychological approaches to NDDs, including theoretical and applied contributions on several aspects involved with working psychologically with people with NDDs, such as emotional and behavioural difficulties, psychotherapy, psychosocial intervention, and health psychology constructs. Studies focused on cognition will also be considered if aimed at improving psychological well-being.

#### **Guest Editor**

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## Deadline for manuscript submissions

closed (15 July 2025)



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You are invited to contribute a research article or a comprehensive review for consideration and publication in *Brain Sciences* (ISSN 2076-3425). *Brain Sciences* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on neuroscience. The scientific community and the general public can access the content free of charge as soon as it is published.

### Editor-in-Chief

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