

Special Issue

OCD and Trauma-Related Disorders in the Pandemic: Bio-Psychosocial Vulnerability Factors and Intervention Strategies

Message from the Guest Editors

The COVID-19 pandemic is a severe stressful life event that can trigger psychopathological symptoms in clinical populations with psychiatric disorders, but also in individuals or in those with a pre-existing psychiatric vulnerability. This is particularly relevant to the development, exacerbation, or relapse of obsessive-compulsive symptoms such as pathological contamination fears in individuals with obsessive-compulsive disorders, or trauma-related conditions such as adjustment disorders and post-traumatic stress disorders. To date, the effects of the pandemic on people with OCD or trauma-related disorders have not been sufficiently examined in the literature. The impact of the pandemic on the onset of obsessive-compulsive or traumatic symptoms in the community, but also the development of intervention strategies for such conditions, represent other research areas that deserve more scientific attention. The present Special Issue of Brain Sciences aims to collect international papers focused on bio-psycho-social vulnerability factors and/or intervention strategies for OCD and trauma-related conditions in the context of the COVID-19 pandemic.

Guest Editors

Dr. Andrea Pozza

Prof. Dr. Andrea Fagiolini

Dr. Fabio Ferretti

Prof. Dr. Ana Isabel Rosa Alcázar

Dr. Małgorzata Dragan

Dr. Alessandro Cuomo

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Brain Sciences
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
brainsci@mdpi.com

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You are invited to contribute a research article or a comprehensive review for consideration and publication in *Brain Sciences* (ISSN 2076-3425). *Brain Sciences* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on neuroscience. The scientific community and the general public can access the content free of charge as soon as it is published.

Editor-in-Chief

Prof. Dr. Stephen D. Meriney

Department of Neuroscience, University of Pittsburgh, Pittsburgh, PA
15260, USA

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