Special Issue

Advances in the Pharmacologic Treatment of Depression, Anxiety, and Other Psychiatric Disorders

Message from the Guest Editor

Mental illness has consistently been identified as a major public health concern globally, affecting individuals across disparate domains of function (e.g., communication, social interaction, self-management, learning, self-care). Notwithstanding the foregoing replicable data demonstrating the urgent need for advances in treatment for mental illness, the clarion call for hypothesis-driven treatments for mental illness has remained limited to date. However, recent advancements in medicine have incited a movement toward hypothesis-driven psychotherapeutic/psychopharmacologic treatments

psychotherapeutic/psychopharmacologic treatments for disparate mental illnesses, increasing interest in this space toward mitigating the extent, duration, and/or debilitating impact of mental illness on overall functional capacity.

The overarching aim of this Special Issue is to highlight and provide up-to-date information on available, novel, and hypothesis-driven treatments for mental illness. This Special Issue aims to highlight the importance of mental health to overall health outcomes and feature the ongoing and urgent need for novel, available, and hypothesis-driven, treatments, as well as underscoring available updates in treatment options.

Guest Editor

Dr. Danielle S. Cha

- 1. Royal Brisbane and Women's Hospital, Metro North Hospital and Health Service, Brisbane, QLD, Australia
- 2. School of Clinical Medicine—Royal Brisbane Clinical Unit, University of Queensland, Brisbane, QLD, Australia
- 3. Brain and Cognition Discovery Foundation, Toronto, ON, Canada

Deadline for manuscript submissions

20 January 2026



Brain Sciences

an Open Access Journal by MDPI

Impact Factor 2.8
CiteScore 5.6
Indexed in PubMed



mdpi.com/si/222460

Brain Sciences
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
brainsci@mdpi.com

mdpi.com/journal/ brainsci





Brain Sciences

an Open Access Journal by MDPI

Impact Factor 2.8 CiteScore 5.6 Indexed in PubMed



About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Brain Sciences* (ISSN 2076-3425). *Brain Sciences* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on neuroscience. The scientific community and the general public can access the content free of charge as soon as it is published.

Editor-in-Chief

Prof. Dr. Stephen D. Meriney

Department of Neuroscience, University of Pittsburgh, Pittsburgh, PA 15260. USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, PSYNDEX, PsycInfo, CAPlus / SciFinder, and other databases.

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 16.2 days after submission; acceptance to publication is undertaken in 1.9 days (median values for papers published in this journal in the first half of 2025).

Recognition of Reviewers:

reviewers who provide timely, thorough peer-review reports receive vouchers entitling them to a discount on the APC of their next publication in any MDPI journal, in appreciation of the work done.

