

Special Issue

Burnout, Adjustment Disorder and Post-Traumatic Stress Disorder: Risk Factors, Impact, Preventive Strategies and Treatment Options

Message from the Guest Editors

Burnout, adjustment disorder (AD) and post-traumatic stress disorder (PTSD) are a set of serious psychological reactions and psychiatric disorders that can be developed following exposure to traumatic or stressful events. Despite their prevalence worldwide and the detrimental effect on individual and even public health, it is not easy to distinguish these three conditions or establish the link between them and other mental health disorders. Risk factors, neurobiological characteristics and symptom clusters present extensive overlap and are also influenced by cultural and social context. In this regard, diagnosis as well as preventive and treatment strategies are still a difficult challenge for mental health and occupational physicians. This Special Issue aims to further elucidate the difference between these conditions in order to contribute to and define precise pathways toward prevention, diagnosis, and treatment options. We solicit studies that fit the aim of the Special Issue. In particular, we welcome studies on populations that are still little explored or studies that present innovative and strong methodology through the use of artificial intelligence (AI).

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Deadline for manuscript submissions

31 July 2025



Brain Sciences

an Open Access Journal
by MDPI

Impact Factor 2.8
CiteScore 5.6
Indexed in PubMed



mdpi.com/si/222839

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You are invited to contribute a research article or a comprehensive review for consideration and publication in *Brain Sciences* (ISSN 2076-3425). *Brain Sciences* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on neuroscience. The scientific community and the general public can access the content free of charge as soon as it is published.

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