

## Special Issue

# Perinatal Psychosis: Symptoms, Diagnosis, and Treatment

### Message from the Guest Editors

Perinatal psychosis (PP) is a rare but severe mental health condition affecting 1–2 in every 1000 mothers. Despite its seriousness and its known impacts, PP remains underdiagnosed, misdiagnosed, and highly stigmatized, especially within low-resource settings where access to mental health care is limited.

This Special Issue seeks to advance the knowledge-base around its epidemiology, course of illness, impact across the family, its awareness, identification, detection, and linked health services within low-resource and culturally diverse contexts. We aim to gather evidence on prevalence, timely detection, diagnostic challenges, risk factors (including genetic, hormonal, and psychosocial contributors) and treatment approaches.

We welcome studies providing evidence on perinatal psychosis in relation to parents, children, and the wider community, including prevalence, parental mental health, parent–infant bonding, child development, and impact on relationships. Research on both pharmacological and psychosocial treatment and management is also encouraged, particularly community-based and non-specialist-delivered approaches.

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### Guest Editors

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### Deadline for manuscript submissions

30 May 2026



## Brain Sciences

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