Special Issue

Caregiver Burden in Movement Disorders and Neurodegenerative Diseases

Message from the Guest Editors

In movement and neurodegenerative disorders, the patient often experiences a progressive loss of autonomy. The patient needs the help of an informal caregiver to cope with the activities of daily living. These caregivers experience a multifactorial burden, which can be referred to as caregiver burden. Besides the huge socioeconomic influence, caregiver burden is an orphan topic in neurodegenerative and movement disorders. Hence, with progressive caregiver burden, the caregiver suffers from depressive mood and reduced quality of life. Finally, in the case of caregiver burnout, the informal caregiver cannot further support the patient, and this often leads to institutionalization of the patient. Strategies for the relief of caregiver burden and the prevention of caregiver burnout are desperately needed. Therefore, the aim of this Special Issue is to give an update on caregiver burden in various movement and neurodegenerative disorders. Papers concerning all aspects of caregiver burden are welcome, e.g., epidemiologic studies, patient-caregiver cohorts, interventional studies, reviews and opinions.

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You are invited to contribute a research article or a comprehensive review for consideration and publication in *Brain Sciences* (ISSN 2076-3425). *Brain Sciences* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on neuroscience. The scientific community and the general public can access the content free of charge as soon as it is published.

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