

Special Issue

COVID-19 and Psychotherapeutic Advances in Mental Health Access, Delivery, and Treatment

Message from the Guest Editor

The impact of the global COVID-19 pandemic in 2020 has underscored the importance of mental health and its influence on overall health outcomes worldwide. During the past decade, replicated evidence has demonstrated the significant global disease burden associated with mental illness; however, fundamental research into the prevention and treatment of mental illness has remained disproportionately low relative to the disease burden. Now, in an already chronically underfunded health sector, the COVID-19 pandemic has forestalled critical mental health services in 93% of countries in a world that is demonstrating an astronomical increase in demand for mental health support services, according to the World Health Organization. The overarching aim of this Special Issue is to provide up-to-date information on how COVID-19 has inspired advances in psychotherapeutics and different methods of providing mental health access, delivery, and treatment to patients across the globe. The overall scope of the issue is broad and aims to draw attention to the importance of mental health for overall health outcomes and how we can ensure equitable care for those with mental illness.

Guest Editor

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