

Special Issue

Sleep Disorders Affecting Quality of Life: Diagnosis, Symptoms, and Treatment

Message from the Guest Editors

Sleep disorders are a very common condition affecting millions of people all over the world. Both diurnal and nocturnal symptoms are related to sleep disorders, with a significant burden on sanitary, economic, and social aspects of life. Of particular interest are the consequences of OSA on the central nervous system, with proven associations with several neurological pathologies. The aim of this Special Issue is to point out how sleep disorders affect the quality of life of these patients. We sincerely look forward to receiving contributions that analyze new technologies and new clinical tools (such as questionnaires and Artificial Intelligence) useful for the diagnosis, symptom management, and treatment of sleep disorders. Both articles and reviews are accepted in this Special Issue.

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You are invited to contribute a research article or a comprehensive review for consideration and publication in *Brain Sciences* (ISSN 2076-3425). *Brain Sciences* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on neuroscience. The scientific community and the general public can access the content free of charge as soon as it is published.

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