Special Issue

Psychotherapeutic Treatment for Anorexia Nervosa

Message from the Guest Editor

The goal of this Special Issue is to discuss the use of novel treatment modules to improve standard care for anorexia nervosa. Special attention will be given to two aspects, in particular: 1) the development and implementation of personalised approaches and 2) treatment adaptations based on i) age (i.e., children and adolescents vs. adults), specific comorbidities (e.g., affective and personality disorders, neurodevelopmental disorders) and ii) illness duration (i.e., short vs. longer duration). Scientific contributions based on the use of multimodal assessment methods, including psychometric measures, neuroimaging techniques and cognitive and neuropsychological testing are strongly encouraged.

Guest Editor

Dr. Valentina Cardi

Section of Eating Disorders, Department of Psychological Medicine, Institute of Psychiatry, Psychology and Neuroscience, King's College London, London, United Kingdom

Deadline for manuscript submissions

closed (5 March 2020)



Brain Sciences

an Open Access Journal by MDPI

Impact Factor 2.8
CiteScore 5.6
Indexed in PubMed



mdpi.com/si/17823

Brain Sciences
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
brainsci@mdpi.com

mdpi.com/journal/ brainsci





Brain Sciences

an Open Access Journal by MDPI

Impact Factor 2.8 CiteScore 5.6 Indexed in PubMed



About the Journal

Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Brain Sciences* (ISSN 2076-3425). *Brain Sciences* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on neuroscience. The scientific community and the general public can access the content free of charge as soon as it is published.

Editor-in-Chief

Prof. Dr. Stephen D. Meriney

Department of Neuroscience, University of Pittsburgh, Pittsburgh, PA 15260. USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, PSYNDEX, PsycInfo, CAPlus / SciFinder, and other databases.

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 16.2 days after submission; acceptance to publication is undertaken in 1.9 days (median values for papers published in this journal in the first half of 2025).

Recognition of Reviewers:

reviewers who provide timely, thorough peer-review reports receive vouchers entitling them to a discount on the APC of their next publication in any MDPI journal, in appreciation of the work done.

