

## Special Issue

# Mental Stress and Cognitive Deficits Management

### Message from the Guest Editors

Mental stress is one of the major health problems in modern societies. Stress reduces human functionality during routine work and may lead to severe health defects. World statistics report that around 970 million people around the world suffer from mental health problems. It has been estimated that the annual global economic cost of mental illness USD 2.5T, with a projected increase to USD 6T by 2030. Thus, managing mental stress is critical for safety, productivity, and quality of life. The aim of this Special Issue is to gather studies on the assessment and mitigation of mental stress and cognitive deficiency. These studies should aim to achieve a more sophisticated level of understanding, showing new experimental techniques for studying mental stress and cognitive deficiency. Methodological/experimental work as well as applied science in healthy and clinical samples is welcome. Cognitive domains include—but are not limited to—memory, attention, consciousness, executive functions, motivation, sensation, and perception. Both original experimental and theoretical papers on the previous subjects, as well as review papers, are solicited.

### Guest Editors

Dr. Fares Al-Shargie

Dr. Ahmad Rauf Subhani

Dr. Sahar Taresh

Dr. Abdulhakim Al-Ezzi

### Deadline for manuscript submissions

closed (30 November 2023)



## Brain Sciences

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Impact Factor 2.8  
CiteScore 5.6  
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*Brain Sciences*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[brainsci@mdpi.com](mailto:brainsci@mdpi.com)

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## About the Journal

### Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Brain Sciences* (ISSN 2076-3425). *Brain Sciences* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on neuroscience. The scientific community and the general public can access the content free of charge as soon as it is published.

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### Editor-in-Chief

Prof. Dr. Stephen D. Meriney

Department of Neuroscience, University of Pittsburgh, Pittsburgh, PA  
15260, USA

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