

## Special Issue

# Novel Therapeutic Approaches for Treatment-Resistant Depression

### Message from the Guest Editor

Treatment-resistant/hard-to-treat depression poses a significant clinical challenge, affecting a substantial subset of individuals who fail to respond to conventional pharmacological and psychotherapeutic approaches. Current interventions remain limited in efficacy and accessibility. This Special Issue aims to highlight innovative and emerging therapeutic strategies, including but not limited to neuromodulation techniques (e.g., TMS, ECT, MST, tDCS, PBM, etc.), psychedelic-assisted therapy, digital therapeutics, precision medicine approaches, and novel pharmacological agents (ketamine, esketamine, etc.). We also welcome research exploring biomarkers, mechanisms of action, and personalized treatment frameworks through qualitative methodology. We invite original research articles, clinical trials, reviews, and translational studies that advance our understanding or clinical management of hard-to-treat depression. Submissions that incorporate multidisciplinary approaches or examine real-world applications and long-term outcomes are especially encouraged.

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### Guest Editor

Dr. Yuliya O. Knyahnytska  
Department of Psychiatry, Queen's University, Kingston, ON, Canada

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### Deadline for manuscript submissions

closed (30 November 2025)



## Brain Sciences

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*Brain Sciences*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[brainsci@mdpi.com](mailto:brainsci@mdpi.com)

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## About the Journal

### Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Brain Sciences* (ISSN 2076-3425). *Brain Sciences* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on neuroscience. The scientific community and the general public can access the content free of charge as soon as it is published.

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### Editor-in-Chief

Prof. Dr. Stephen D. Meriney

Department of Neuroscience, University of Pittsburgh, Pittsburgh, PA  
15260, USA

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