

## Special Issue

# Personalized Approach to the Diagnosis and Treatment of Bipolar Disorder

### Message from the Guest Editors

Personalized medicine for mental disorders aims to develop diagnostic, prognostic, and therapeutic strategies tailored to each individual. In Bipolar disorders (BDs), clinical history, current symptomatology, longitudinal course, and physical and psychiatric comorbidity are still the most reliable markers for stratifying patients and guiding therapeutic management, although researchers are hard at work to develop new neuropsychological or biological markers that can reliably predict the effectiveness of individualized therapy. This personalized approach could provide a new and rational way of developing treatments for targeted subgroups of BD patients. For example, this strategy could allow for the effective personalization of drug treatments in complex cases of comorbidities involving BD and neurodevelopmental disorders. This Special Issue will highlight advances in personalized medicine for BD, with a focus on how psychopathology, disease course, and psychiatric comorbidities can influence treatment management and complement conventional treatment guidelines.

### Guest Editors

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### Deadline for manuscript submissions

closed (20 December 2024)



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