

Special Issue

Perinatal Psychiatry: Mental Health During Pregnancy and the Postpartum

Message from the Guest Editors

Perinatal psychiatric disorders constitute a significant public health concern, affecting a substantial proportion of women during pregnancy and the postpartum period. These conditions, including perinatal depression, anxiety disorders, and postpartum psychosis, are among the most prevalent complications of childbirth, with far-reaching consequences for both maternal and infant health. Emerging evidence underscores the multifactorial etiology of perinatal mental illness, encompassing neurobiological, hormonal, genetic, and psychosocial determinants. This Special Issue aims to advance scientific understandings of perinatal psychiatric disorders by integrating current findings on their pathophysiology, risk factors, and treatment approaches. We invite contributions in the form of narrative and systematic reviews, meta-analyses, and original empirical studies that develop existing knowledge and inform clinical practice in this critical area of mental health.

Guest Editors

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