

Special Issue

Perinatal Psychiatry: Mental Health During Pregnancy and the Postpartum

Message from the Guest Editors

Perinatal psychiatric disorders constitute a significant public health concern, affecting a substantial proportion of women during pregnancy and the postpartum period. These conditions, including perinatal depression, anxiety disorders, and postpartum psychosis, are among the most prevalent complications of childbirth, with far-reaching consequences for both maternal and infant health. Emerging evidence underscores the multifactorial etiology of perinatal mental illness, encompassing neurobiological, hormonal, genetic, and psychosocial determinants. This Special Issue aims to advance scientific understandings of perinatal psychiatric disorders by integrating current findings on their pathophysiology, risk factors, and treatment approaches. We invite contributions in the form of narrative and systematic reviews, meta-analyses, and original empirical studies that develop existing knowledge and inform clinical practice in this critical area of mental health.

Guest Editors

Prof. Dr. Saulo Gantes Tractenberg

Prof. Dr. Thiago Wendt Viola

Dr. Tagma Marina Schneider Donelli

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Brain Sciences
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
brainsci@mdpi.com

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You are invited to contribute a research article or a comprehensive review for consideration and publication in *Brain Sciences* (ISSN 2076-3425). *Brain Sciences* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on neuroscience. The scientific community and the general public can access the content free of charge as soon as it is published.

Editor-in-Chief

Prof. Dr. Stephen D. Meriney

Department of Neuroscience, University of Pittsburgh, Pittsburgh, PA
15260, USA

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