

# Special Issue

## Focus on Mental Health and Mental Illness in Adolescents (2nd Edition)

### Message from the Guest Editor

Mental health and mental illness in adolescents have become critical research and social concerns, influenced by a complex interplay of social, technological, and environmental factors.

The etiology of mental disorders in young people spans genetic, biological, social, and familial domains. Genetic factors include family history and DNA variations, while biological aspects involve physical health conditions and substance abuse. Key social determinants encompass lifestyle changes, social media and technology use, academic pressure, exposure to trauma (such as domestic violence and community violence), and broader cultural shifts.

This Special Issue aims to examine the determinants, consequences, and mechanisms underlying adolescent mental health and illness. Addressing these issues is essential for promoting adolescent well-being, academic success, and healthy development into adulthood.

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### Guest Editor

Dr. Dariusz Krok  
Institute of Psychology, University of Opole, Opole, Poland

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### Deadline for manuscript submissions

31 August 2026



## Brain Sciences

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### Editor-in-Chief

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