

Special Issue

Risk Factors for Tinnitus and Tinnitus-Related Disease

Message from the Guest Editors

Tinnitus is a symptom of interrelated biopsychological disorders defined as the conscious awareness of a noise without identifiable corresponding external acoustic source. The identification of risk factors for tinnitus could facilitate the recommendations for prevention measures and improve the results of personalized treatments. Evidence from the literature in tinnitus research reported many otological risk factors like hearing loss, noise exposure, ototoxic drugs, otitis media, vestibular disorders, hyperacusis and non-otological risk factors like temporo-mandibular joint disorder, depression, anxiety, insomnia, obstructive sleep apnea, hyperlipidemia, diabetes, body mass index, sex, smoking, etc. Research on biomarkers like immune, neural, oxidative, vascular–metabolic parameters could help us to better understand the relationship between tinnitus and tinnitus-related diseases. The current Special Issue of *Brain Sciences* aims to present the latest research on the clinical findings on “Risk Factors for Tinnitus and Tinnitus-Related Disease”. Authors are invited to submit relevant original research and review papers.

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