



OCD and Trauma-Related Disorders in the Pandemic: Bio-Psychosocial Vulnerability Factors and Intervention Strategies

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Message from the Guest Editors

The COVID-19 pandemic is a severe stressful life event that can trigger psychopathological symptoms in clinical populations with psychiatric disorders, but also in individuals or in those with a pre-existing psychiatric vulnerability. This is particularly relevant to the development, exacerbation, or relapse of obsessive–compulsive symptoms such as pathological contamination fears in individuals with obsessive–compulsive disorders, or trauma-related conditions such as adjustment disorders and post-traumatic stress disorders.

To date, the effects of the pandemic on people with OCD or trauma-related disorders have not been sufficiently examined in the literature. The impact of the pandemic on the onset of obsessive–compulsive or traumatic symptoms in the community, but also the development of intervention strategies for such conditions, represent other research areas that deserve more scientific attention.

The present Special Issue of Brain Sciences aims to collect international papers focused on bio-psychosocial vulnerability factors and/or intervention strategies for OCD and trauma-related conditions in the context of the COVID-19 pandemic.





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Message from the Editor-in-Chief

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