



## Mental Stress and Cognitive Deficits Management

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Deadline for manuscript  
submissions:

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### Message from the Guest Editors

Dear Colleagues,

Mental stress is one of the major health problems in modern societies. Stress reduces human functionality during routine work and may lead to severe health defects. World statistics report that around 970 million people around the world suffer from mental health problems. It has been estimated that the annual global economic cost of mental illness USD 2.5T, with a projected increase to USD 6T by 2030. Thus, managing mental stress is critical for safety, productivity, and quality of life.

The aim of this Special Issue is to gather studies on the assessment and mitigation of mental stress and cognitive deficiency. These studies should aim to achieve a more sophisticated level of understanding, showing new experimental techniques for studying mental stress and cognitive deficiency.

Methodological/experimental work as well as applied science in healthy and clinical samples is welcome. Cognitive domains include—but are not limited to—memory, attention, consciousness, executive functions, motivation, sensation, and perception. Both original experimental and theoretical papers on the previous subjects, as well as review papers, are solicited.





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## Message from the Editor-in-Chief

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