

Special Issue

Sleep Disorders: An Interdisciplinary Approach

Message from the Guest Editors

Sleep medicine is a rapidly growing branch of medicine, involving multi- and interdisciplinary research. Common sleep disorders, such as sleep apnea, insomnia, restless leg syndrome, sleep bruxism or narcolepsy, may affect various aspects of human life, including quality of life, safety, work performance and mental health. Sleep disturbances can also lead to cardiovascular consequences, such as ischemic heart disease, arrhythmia or arterial hypertension, as well as somnolence, headache, orofacial pain and damage of oral structures. We strongly believe in interdisciplinary research, which often results in the most creative ideas, comprehensive approaches to scientific issues, and unexpected solutions. Due to the coexistence of sleep disorders, their association with mental and cardiovascular diseases, their complex pathomechanisms in addition to varied methods of treatment, we especially invite interdisciplinary teams consisting of representatives of various disciplines as well as all specialists and researchers in sleep medicine.

Guest Editors

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Message from the Editor-in-Chief

Biomedicines (ISSN 2227-9059) is an open access journal devoted to all aspects of research on human health and disease, the discovery and characterization of new therapeutic targets, therapeutic strategies, and research of naturally driven biomedicines, pharmaceuticals, and biopharmaceutical products. Topics include pathogenesis mechanisms of diseases, translational medical research, biomaterial in biomedical research, natural bioactive molecules, biologics, vaccines, gene therapies, cell-based therapies, targeted specific antibodies, recombinant therapeutic proteins, nanobiotechnology driven products, targeted therapy, bioimaging, biosensors, biomarkers, and biosimilars. The journal is open for publication of studies conducted at the basic science and preclinical research levels. We invite you to consider submitting your work to *Biomedicines*, be it original research, review articles, or developing Special Issues of current key topics.

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