

Special Issue

Biomarkers, Surrogate Markers and New Therapeutic Insights into Multiple Sclerosis

Message from the Guest Editor

Multiple sclerosis (MS) remains a demyelinating disease of the central nervous system with an unknown etiology. Several disease-modifying treatments (DMTs) are now available, including immunomodulating agents, immunosuppressant agents, and sequestrant drugs. Research into other molecules, such as Bruton tyrosine kinase inhibitors, is ongoing. Despite this therapeutic armamentarium, which can prevent neuroinflammation, lesion loads, and clinical relapses, silent clinical progression can still occur based on smoldering lesions. This phenomenon results in slow clinical worsening independent of relapses, suggesting a biological continuum of MS's pathology, progressing from the onset to the end-stage of the disease. This continuum makes clinical phenotypes the epiphenomenon of the disease phase, while biomarkers fail to meet the real needs of monitoring disease activity and the response to therapy. Although the Neurofilament light chain, CD20, and Retinal Nerve Fiber Layer already represent emerging tools in this field, the study of earlier and more specific indicators is still warranted in MS.

Guest Editor

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