

Special Issue

Innovative Strategies for the Diagnosis and Treatment of Sarcopenia and Osteoporosis

Message from the Guest Editors

Sarcopenia and osteoporosis are prevalent age-related musculoskeletal disorders that contribute significantly to frailty, falls, fractures, and reduced quality of life in older adults. With the global aging population on the rise, there is a growing need for innovative diagnostic tools, preventive strategies, and effective treatment modalities. This Special Issue aims to highlight recent advances in the understanding and management of sarcopenia and osteoporosis. We invite original research articles, clinical studies, and comprehensive reviews focusing on pharmacological treatments, biomarker development, and novel regenerative and technological approaches. The goal is to foster interdisciplinary collaboration and promote integrative solutions for improving musculoskeletal health in aging populations.

Guest Editors

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Message from the Editor-in-Chief

Biomedicines (ISSN 2227-9059) is an open access journal devoted to all aspects of research on human health and disease, the discovery and characterization of new therapeutic targets, therapeutic strategies, and research of naturally driven biomedicines, pharmaceuticals, and biopharmaceutical products. Topics include pathogenesis mechanisms of diseases, translational medical research, biomaterial in biomedical research, natural bioactive molecules, biologics, vaccines, gene therapies, cell-based therapies, targeted specific antibodies, recombinant therapeutic proteins, nanobiotechnology driven products, targeted therapy, bioimaging, biosensors, biomarkers, and biosimilars. The journal is open for publication of studies conducted at the basic science and preclinical research levels. We invite you to consider submitting your work to *Biomedicines*, be it original research, review articles, or developing Special Issues of current key topics.

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