Special Issue

Biomarkers in Metabolic Disorders, Obesity and Type 2 Diabetes Mellitus

Message from the Guest Editors

Metabolic disorders, obesity, and type 2 diabetes mellitus have become global health problems in recent decades. The prevalence of obesity increases every year, and it is associated with a higher risk of developing co-morbidities, including cardiovascular disease, metabolic dysfunction, and type 2 diabetes mellitus, therefore becoming equivalent to metabolic syndrome. Adipose tissue cells release various mediators such as adipokines, cytokines, and chemokines, leading to chronic inflammatory process. Hyperglycemia, insulin tissue resistance, or abnormal lipid profiles are only some examples of metabolic changes in patients with obesity. This Special Issue will include original research and in-depth reviews with the most recent insights into topics related to the molecular and biochemical mechanisms of metabolic changes in obesity; changes in laboratory parameters in patients with obesity and other metabolic disorders: and new preventive/therapeutic strategies for treating obesity and its co-morbidities.

Guest Editors

Dr. Maciej Walędziak

Department of General, Oncological, Metabolic and Thoracic Surgery, Military Institute of Medicine—National Research Institute, Szaserów 128 St., 04-141 Warsaw, Poland

Prof. Dr. Anna Maria Różańska-Waledziak

Department of Human Physiology and Patophysiology, Faculty of Medicine, Collegium Medicum, Cardinal Stefan Wyszynski, 01-938 Warsaw, Poland

Deadline for manuscript submissions

closed (31 May 2025)



an Open Access Journal by MDPI

Impact Factor 3.9
CiteScore 6.8
Indexed in PubMed



mdpi.com/si/209472

Biomedicines
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +4161 683 77 34
biomedicines@mdpi.com

mdpi.com/journal/biomedicines





an Open Access Journal by MDPI

Impact Factor 3.9 CiteScore 6.8 Indexed in PubMed





About the Journal

Message from the Editor-in-Chief

Biomedicines (ISSN 2227-9059) is an open access iournal devoted to all aspects of research on human health and disease, the discovery and characterization of new therapeutic targets, therapeutic strategies, and research of naturally driven biomedicines, pharmaceuticals, and biopharmaceutical products. Topics include pathogenesis mechanisms of diseases, translational medical research, biomaterial in biomedical research, natural bioactive molecules, biologics, vaccines, gene therapies, cell-based therapies, targeted specific antibodies, recombinant therapeutic proteins, nanobiotechnology driven products, targeted therapy, bioimaging, biosensors, biomarkers, and biosimilars. The journal is open for publication of studies conducted at the basic science and preclinical research levels. We invite you to consider submitting your work to Biomedicines, be it original research, review articles, or developing Special Issues of current key topics.

Editor-in-Chief

Prof. Dr. Felipe Fregni

- Neuromodulation Center and Center for Clinical Research Learning, Spaulding Rehabilitation Hospital and Massachusetts General Hospital, Harvard Medical School, Boston, MA 02114, USA
- 2. Department of Epidemiology, Harvard T.H. Chan School of Public Health, Boston, MA 02115, USA

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, CAPlus / SciFinder, and other databases.

Journal Rank:

JCR - Q1 (Pharmacology and Pharmacy) / CiteScore - Q1 (Medicine (miscellaneous))

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17 days after submission; acceptance to publication is undertaken in 2.9 days (median values for papers published in this journal in the first half of 2025).