Special Issue

Recent Advanced Research in Hypertension

Message from the Guest Editor

Hypertension remains a leading cause of cardiovascular disease and mortality worldwide, affecting over 1.5 billion people globally. The complexity of its etiology involves genetic, environmental, and lifestyle factors, making it a multifaceted health issue. Recent advancements in research have facilitated a deeper understanding of the pathophysiological mechanisms underlying hypertension, leading to innovative therapeutic approaches and improved management strategies. Among the critical components under investigation is the area of sex differences in hypertension. It has become increasingly evident that there are significant biological and sociocultural differences between men and women that influence the prevalence, pathophysiology, and treatment responses associated with hypertension. This special issue aims to compile cutting-edge research that reflects recent advances in hypertension, providing a multidisciplinary approach that integrates findings from clinical, translational, and basic research.

- Keywords:
 - hypertension
 - sex differences
 - pathophysiology
 - precision medicine
 - novel therapeutics
 - digital health
 - cardiovascular disease

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