

Special Issue

State-of-the-Art Endocrinology and Metabolism Research in Spain

Message from the Guest Editors

Endocrinology and metabolism research are dynamic fields that address crucial physiological and pathological processes impacting a wide array of health outcomes. In Spain, the growing interest and commitment to these disciplines is evident through substantial advancements in research related to hormonal regulation, metabolic syndrome, obesity, diabetes, bone metabolism, and cardiovascular health, which have contributed to the overall understanding of disease prevention and management.

The complexity of endocrine and metabolic disorders demands a multidisciplinary approach to unveil the underlying mechanisms and to develop innovative strategies for diagnosis, prevention, and treatment. This Special Issue focuses on summarizing the latest research findings from Spain, encompassing studies on molecular, genetic, and physiological aspects of endocrinology and metabolism. Additionally, it aims to highlight the role of novel biomarkers, cellular pathways, and therapeutic targets that can aid in mitigating disease progression and promoting health.

- endocrinology
- metabolism
- hormonal regulation
- metabolic disorders
- biomarkers
- therapeutic targets

Guest Editors

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Message from the Editor-in-Chief

Biomedicines (ISSN 2227-9059) is an open access journal devoted to all aspects of research on human health and disease, the discovery and characterization of new therapeutic targets, therapeutic strategies, and research of naturally driven biomedicines, pharmaceuticals, and biopharmaceutical products. Topics include pathogenesis mechanisms of diseases, translational medical research, biomaterial in biomedical research, natural bioactive molecules, biologics, vaccines, gene therapies, cell-based therapies, targeted specific antibodies, recombinant therapeutic proteins, nanobiotechnology driven products, targeted therapy, bioimaging, biosensors, biomarkers, and biosimilars. The journal is open for publication of studies conducted at the basic science and preclinical research levels. We invite you to consider submitting your work to *Biomedicines*, be it original research, review articles, or developing Special Issues of current key topics.

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