



## Nutraceuticals in Disease Prevention

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### Message from the Guest Editor

This Special Issue, “Nutraceutical Approach for Health Promotion”, will mainly focus on nutrition (minerals, vitamins, amino acids, and hormones) and food that can be used for health promotion and disease prevention.

Nutraceuticals are defined as any food component for medicinal purposes. They include minerals, vitamins, amino acids, fatty acids, and hormones, in addition to foods. These are used as an alternative to conventional medicines that promote quality of life and nutritional values of foods and prolong life expectancy. Nutraceuticals can play a role in immune modulator, antioxidant, anti-inflammatory, cancer-preventive, cardioprotective, organoprotective, and detoxifying agents.

The global market size of nutraceuticals is steadily increasing. It is essential that scientific evidence be provided by researchers to avoid misuse and use of products with poor evidence.





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## Message from the Editor-in-Chief

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