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Immunological Effects of Diet and Exercise on Disease

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Message from the Guest Editor

Dear Colleagues,

Diet and exercise are key factors involved in the modulation of the immune system, particularly relevant for autoimmune and inflammatory diseases.

The development of novel technological tools and recent advances on immunology and microbiome research are essential to understand how diet-exercise interactions modulate the immune system in different age groups, contributing to the development of targeted treatment options.

This Special Issue on the “Immunological effects of diet and exercise on disease”, welcomes original contributions, brief communications, clinical trials, case reports, systematic reviews, mini reviews, commentaries and perspective manuscripts.

Dr. Victor F. Zevallos

Guest Editor



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