

## Special Issue

# Functional Beverages, from Idea to Functionality

### Message from the Guest Editors

The original idea of health-promoting foods and beverages is several millennia old, and many different cultures worldwide have practiced the development of beverages with nutraceutical properties. Nowadays, there is an increasing demand. In Western society, use of functional beverages is a relatively new concept, and it is predominately orientated towards the fortification/addition of ingredients that can exhibit potential beneficial health effects. Several studies have already identified (or are still under investigation) the beneficial uses of these beverages and have influenced the beverages industry towards mass-scale production. Therefore, the aim of this Special Issue is to compile recent high-quality research manuscripts (letters to the editor, original research and review papers) on functional beverages, covering topics from the generation of ideas, stability studies to animal and human trials, as well as any other functional applications of these types of beverages. This Special Issue is expected to provide up-to-date information on all aspects of research in functional beverages with a main emphasis on potential health benefits.

---

### Guest Editors

Prof. Dr. Nenad Naumovski

1. Discipline of Nutrition and Dietetics, Faculty of Health, University of Canberra, Canberra 2617, ACT, Australia
2. Functional Foods and Nutrition Research (FFNR) Laboratory, University of Canberra, Ngunnawal Land, Canberra 2617, ACT, Australia
3. University of Canberra Research Institute for Sport and Exercise (UCRISE), Canberra 2617, ACT, Australia
4. Discipline of Nutrition-Dietetics, Harokopio University, 17671 Athens, Greece

Dr. Duane Mellor

School of Health and Life Sciences, Coventry University, UK

Dr. Senaka Ranadheera

School of Agriculture & Food, Faculty of Veterinary and Agricultural Sciences, The University of Melbourne, Australia

---

### Deadline for manuscript submissions

closed (30 April 2019)



## Beverages

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.7  
CiteScore 4.7



[mdpi.com/si/14728](https://mdpi.com/si/14728)

*Beverages*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
beverages@mdpi.com

[mdpi.com/journal/  
beverages](https://mdpi.com/journal/beverages)





# Beverages

an Open Access Journal  
by MDPI

Impact Factor 2.7  
CiteScore 4.7



[mdpi.com/journal/  
beverages](https://mdpi.com/journal/beverages)



## About the Journal

### Message from the Editor-in-Chief

---

#### Editor-in-Chief

Prof. Dr. Edgar Chambers IV  
Center for Sensory Analysis and Consumer Behavior, Kansas State  
University, Manhattan, KS 66506, USA

---

#### Author Benefits

##### High Visibility:

indexed within Scopus, ESCI (Web of Science), Embase, FSTA, CAPIus / SciFinder, PubAg, and other databases.

##### Journal Rank:

CiteScore - Q2 (Food Science)

##### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 23.7 days after submission; acceptance to publication is undertaken in 8.7 days (median values for papers published in this journal in the second half of 2025).