Special Issue

Functional Beverages, from Idea to Functionality

Message from the Guest Editors

The original idea of health-promoting foods and beverages is several millennia old, and many different cultures worldwide have practiced the development of beverages with nutraceutical properties. Nowadays, there is an increasing demand. In Western society, use of functional beverages is a relatively new concept, and it is predominately orientated towards the fortification/addition of ingredients that can exhibit potential beneficial health effects. Several studies have already identified (or are still under investigation) the beneficial uses of these beverages and have influenced the beverages industry towards mass-scale production. Therefore, the aim of this Special Issue is to compile recent high-quality research manuscripts (letters to the editor, original research and review papers) on functional beverages, covering topics from the generation of ideas, stability studies to animal and human trials, as well as any other functional applications of these types of beverages. This Special Issue is expected to provide up-to-date information on all aspects of research in functional beverages with a main emphasis on potential health benefits.

Guest Editors

Prof. Dr. Nenad Naumovski

- 1. Discipline of Nutrition and Dietetics, Faculty of Health, University of Canberra, Canberra 2617, ACT, Australia
- Functional Foods and Nutrition Research (FFNR) Laboratory, University of Canberra, Ngunnawal Land, Canberra 2617, ACT, Australia
 University of Canberra Research Institute for Sport and Exercise (UCRISE), Canberra 2617, ACT, Australia
- 4. Discipline of Nutrition-Dietetics, Harokopio University, 17671 Athens, Greece

Dr. Duane Mellor

School of Health and Life Sciences, Coventry University, UK

Dr. Senaka Ranadheera

School of Agriculture & Food, Faculty of Veterinary and Agricultural Sciences, The University of Melbourne, Australia

Deadline for manuscript submissions

closed (30 April 2019)



Beverages

an Open Access Journal by MDPI

Impact Factor 2.7 CiteScore 4.6



mdpi.com/si/14728

Beverages
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
beverages@mdpi.com

mdpi.com/journal/ beverages





an Open Access Journal by MDPI

Impact Factor 2.7 CiteScore 4.6



About the Journal

Message from the Editor-in-Chief

Editor-in-Chief

Prof. Dr. Edgar Chambers IV

Center for Sensory Analysis and Consumer Behavior, Kansas State University, Manhattan, KS 66506, USA

Author Benefits

High Visibility:

indexed within Scopus, ESCI (Web of Science), FSTA, CAPlus / SciFinder, PubAg, and other databases.

Journal Rank:

CiteScore - Q2 (Food Science)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 24.1 days after submission; acceptance to publication is undertaken in 6.6 days (median values for papers published in this journal in the first half of 2025).

