

Special Issue

Opportunities and Challenges for Functional and Medicinal Beverages

Message from the Guest Editors

Herbs, fruits, vegetables, and medicinal plants are a valuable source of bioactive and high nutritional value raw materials that in classical approaches lead to the transformation of beverages into real nutraceuticals, i.e., functional and medicinal beverages. However, there is actual research that identifies and proposes animal and microbial raw materials as sources of components for enhancing the health benefits of beverages. A new trend is also emerging that is focused on sources from other non-conventional plants (algae, plant origin parasites or lichens) that have been rarely used in the past. These approaches pay attention to their specific phytochemical properties, their benefits for health stimulation, and their biological and bioactive activities (e.g., anti-viral, nutrient absorption stimulation, anti-tumor, anti-diabetes, hepatic-protective effects, anti-aging, increase in lifespan, and body functionality). We invite you to contribute your research articles, communications or reviews to this Special Issue.

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Message from the Editor-in-Chief

Editor-in-Chief

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the first half of 2025).