Special Issue

Beverage Intake in Vulnerable Population Groups

Message from the Guest Editor

Variety in beverage consumption contributes to reaching euhydration. However, the ability to access, purchase, prepare and drink a variety of beverages may be hindered in vulnerable population groups; these may include children, pregnant or breastfeeding women, individuals with physical or mental disabilities, elderly, ethnic minorities, refugees, or financially deprived individuals. Qualitative and/or quantitative studies that evaluate beverage intake and identify barriers in vulnerable population groups are needed to develop education initiatives and public health policies towards euhydration for all.

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Message from the Editor-in-Chief

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