Special Issue

Bioactive Compounds in Fermented Beverages

Message from the Guest Editor

Fermented beverages can be defined as complex mixtures mainly made of water and ethanol, which are produced during fermentation process by using needing yeasts, bacteria, and fungi as actors and originate from matrices such as fruits, grains, cereals, milk, vegetables. tubers, and a variety of substrates. Fermentation provides specific organoleptic characteristics, and the obtained beverages are an interesting source of bioactive compounds that impact human health, e.g., antioxidants, bioactive substances, short-chain fatty acids, amino acids, vitamins, and minerals. This Special Issue will explore this novel frontier of fermented beverages, aiming to study this area from all perspectives, ranging from composition and chemical analysis to the study of the mechanisms of action of the contained active compounds, as well as their efficacy, their bioavailability, the beneficial effect evaluation of the fermentation products, novel approaches paying attention to the possible use of byproducts or residues from the agro-food area, sustainability, and the study of possible effects on health and the fermented beverage market and functional fermented beverage market.

Guest Editor

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Message from the Editor-in-Chief

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