

Special Issue

Health Behaviors and Outcomes across the Schizophrenia-Spectrum

Message from the Guest Editors

The relationship of physical health to well-being in the schizophrenia-spectrum is vastly under-studied. Disproportionately high rates of chronic disease in this population are associated with a 20-year mortality gap. The causes of disease are likely multifaceted, but preventative health strategies that target modifiable behaviors that promote physical health may hold special promise. The term health behavior can be applied to any action taken by an individual that affects the physical health of the individual. Examples include patterns of eating, physical activity, smoking, alcohol use, adequacy of sleep, and self-care practices. This special edition invites high quality contributions from researchers examining a broad range of health behaviors and the associated physical, emotional, cognitive, or functional issues pertaining to well-being in those diagnosed with, or at-risk for, schizophrenia-spectrum disorders.

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Message from the Editor-in-Chief

With warm greetings, it is a pleasure to invite you to contribute a research article or comprehensive review for consideration and publication in *Behavioral Sciences*. *Behavioral Sciences* is an international, scientific, open access journal providing an advanced forum for discussions and research regarding the intersection between psychiatry, neuroscience, psychology, cognitive and behavioral sciences, and behavioral biology. More information are available at: <https://www.mdpi.com/journal/behavsci>. We would be pleased to welcome you as one of our authors and have the opportunity to consider your work for publication.

Editor-in-Chief

Prof. Dr. Jerrell Cassady

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