

Special Issue

Boredom in the COVID-19 Pandemic

Message from the Guest Editor

From the early days of the pandemic it became apparent that boredom—both the in-the-moment feeling state and the trait disposition—played an important role in everyday experiences. Now, almost two years into the pandemic, we have a chance to examine the influence of state and trait boredom during this unprecedented time. How has boredom affected mental health? Has our move to a greater reliance on online communication and interaction been affected by boredom? What effect has boredom had on compliance with the restrictions imposed by lockdowns? There is also a unique opportunity to explore possible cross-cultural differences in the expression of boredom in these times. In the past, people may have taken boredom for granted as just a “part of the furniture of life”. What the unique and extraordinary circumstances of the pandemic have shown us is that boredom is far from trivial. It is a self-regulatory signal that demands our attention to foster adaptive responses that were harder to engage during this pandemic. For this Special Issue, we invite empirical contributions related to state and trait boredom in the pandemic...

Guest Editor

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