

## Special Issue

# Pedagogy of Wellbeing in Higher Education: Innovating Educational Practice to Support Student Mental Health

### Message from the Guest Editors

We welcome original research, case studies, and theoretical papers from researchers, educators, and practitioners.

This Issue addresses the urgent need to move beyond reactive support by exploring how teaching itself can foster student resilience. A pedagogy of wellbeing intentionally integrates mental health principles into the learning process, recognising that how we teach is as critical as what we teach. It aims to create psychologically safe, student-centred environments that build foundational wellness skills.

We seek contributions on sustainable, proactive strategies that equip students to navigate academic and personal challenges. The goal is to compile innovative approaches that empower students as active agents in their mental health, ultimately improving academic performance, retention, and the overall university experience.

We look forward to receiving your submissions.

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### Guest Editors

Dr. Pras Ramluggun

Faculty of Health and Wellbeing, Northumbria University, Coach Lane Campus, Newcastle upon Tyne NE7 7XA, UK

Prof. Dr. Tamara Power

Faculty of Medicine and Health (FMH), The University of Sydney, Sydney, Australia

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### Deadline for manuscript submissions

31 January 2027



## Behavioral Sciences

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*Behavioral Sciences*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
behavsci@mdpi.com

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## About the Journal

### Message from the Editor-in-Chief

With warm greetings, it is a pleasure to invite you to contribute a research article or comprehensive review for consideration and publication in *Behavioral Sciences*. *Behavioral Sciences* is an international, scientific, open access journal providing an advanced forum for discussions and research regarding the intersection between psychiatry, neuroscience, psychology, cognitive and behavioral sciences, and behavioral biology. More information are available at: <https://www.mdpi.com/journal/behavsci>. We would be pleased to welcome you as one of our authors and have the opportunity to consider your work for publication.

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### Editor-in-Chief

Prof. Dr. Jerrell Cassady

Department of Educational Psychology, Ball State University, Muncie, IN 47306, USA

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