

## Special Issue

# Mental Illnesses and Related Self-Injury Behavior

### Message from the Guest Editors

Mental illnesses and related self-injury behavior are among the most pressing and complex issues facing our society today. Self-injury behavior, or self-harm, refers to intentional harm inflicted on oneself, such as cutting, burning, or hitting oneself. Self-injury behavior is often a sign of underlying emotional distress and can be a way for individuals to attempt to regulate their emotions or cope with overwhelming feelings. Mental illnesses and self-injury behavior can be complex and challenging to understand, but with proper assessment and treatment, individuals can learn to manage their symptoms and improve their overall quality of life. It is essential to seek help from a mental health professional if you or someone you know is struggling with mental illness or self-injury behavior. As our understanding of mental health continues to evolve, it is essential that we explore new research and approaches to these challenging topics. This Special Issue calls for papers to explore the causes, symptoms, and treatment of mental illnesses, as well as those that investigate the underlying mechanisms of self-injury behavior.

### Guest Editors

Dr. Tim M. H. Li

Dr. Paul W. C. Wong

Dr. Shimin Zhu

### Deadline for manuscript submissions

closed (31 January 2025)



## Behavioral Sciences

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.5  
CiteScore 3.1  
Indexed in PubMed



[mdpi.com/si/178605](https://mdpi.com/si/178605)

*Behavioral Sciences*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[behavsci@mdpi.com](mailto:behavsci@mdpi.com)

[mdpi.com/journal/  
behavsci](https://mdpi.com/journal/behavsci)





# Behavioral Sciences

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.5  
CiteScore 3.1  
Indexed in PubMed



[mdpi.com/journal/  
behavsci](https://mdpi.com/journal/behavsci)



## About the Journal

### Message from the Editor-in-Chief

---

#### Editor-in-Chief

Prof. Dr. Jerrell Cassady  
Department of Educational Psychology, Ball State University, Muncie, IN  
47306, USA

---

#### Author Benefits

##### High Visibility:

indexed within Scopus, SSCI (Web of Science), PubMed, PMC, PsycInfo, and other databases.

##### Journal Rank:

JCR - Q2 (Psychology, Multidisciplinary) / CiteScore - Q2  
(Development)

##### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 29.6 days after submission; acceptance to publication is undertaken in 3.4 days (median values for papers published in this journal in the first half of 2025).