Special Issue

Trauma, Resilience and Mental Health

Message from the Guest Editors

This Special Issue aims to explore the complex interplay between trauma, resilience, and mental health. We welcome manuscripts that address the following topics, including, but not limited to: (1) the impact of trauma on mental health across the lifespan; (2) the role of resilience in coping with trauma and adversity: (3) the effects of trauma on brain structure and function; (4) trauma-informed approaches to mental health care and treatment; (5) the intersection of trauma, resilience, and cultural diversity; (6) the social, economic, and political determinants of trauma and resilience; (7) innovative approaches to building resilience in individuals and communities affected by trauma; (8) the ethical and practical challenges of trauma research and practice; and (9) novel analytical approaches that can broaden the understanding of trauma, resilience, and mental health. We anticipate that this Issue will provide a platform for an interdisciplinary dialogue, stimulate innovative approaches to trauma research and practice, and promote the development of effective strategies necessary to build resilience in individuals and communities.

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