

Special Issue

Understanding Older Adult Resilience from a Life-course Perspective

Message from the Guest Editors

This Special Issue, on “Understanding Older Adult Resilience from a Life-course Perspective”, invites research articles that explore resilience in older adulthood from a life-course perspective. Society often associates later life with detriment; however, previous research has indicated that older adults are quite resilient and skilled at adapting to adversity and challenges throughout life. Therefore, considering resilience from a life-course perspective may provide insight into this attribute in older adulthood. Topics may include (but are not limited to) transitions and life events that, although challenging, ultimately results in resiliency, gold standards to validate measures of resilience, sources of support and strength for older adults, social roles that increase resilience, how older adults interpret resilience, how resilience impacts well-being and life satisfaction in late life, and interventions or support at multiple system levels to optimize resilience in later life.

Guest Editors

Dr. Melinda Heinz

Department of Psychology, Upper Iowa University, 605 Washington Street, PO Box 1857, Fayette, IA 52142, USA

Dr. Jinmyoung Cho

Center for Applied Health Research, Baylor Scott & White Health, 2401 S31st St., MS-01-501, Temple, TX 76508, USA

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
behavsci@mdpi.com

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Editor-in-Chief

Prof. Dr. Jerrell Cassady
Department of Educational Psychology, Ball State University, Muncie, IN
47306, USA

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