

Joint Special Issue

New Edition of Psychological Features, Music, and Well-Being: Theories and Applications

Message from the Guest Editors

When using music therapy, nonverbal forms of musical interaction are fundamental. Sound allows, regardless of meanings or specific language, a certain form of communication and, thus, relationality between people. Moreover, music is strongly related both to the expression of human personality and to brain functioning: it can reveal some implicit information about personal features and is able to affect the brain responses. Knowing how, when and why these effects occur can be helpful as a base for developing more effective music-based interventions aimed at enhancing well-being from a wide perspective. All studies that include possible applications to promote well-being with music intervention as a therapeutic tool in clinical and nonclinical settings are welcome.

- personality characteristics
- music interventions
- music and well-being
- music and neuroscience

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